

Delhi public school Ruby Park

Class 11(PHYSICAL EDUCATION)

Assignments on changing trends and career in physical education

- Q 1 What is meant by physical education, its aims and objectives?
- Q 2 Development of physical education – post Independence.
- Q 3 Concept of integrated physical education.
- Q 4 Concept and principles of adaptive physical education.
- Q 5 Write a short note on Special Olympic Bharat.
- Q 6 What is the teaching Career options in physical education. Explain.
- Q 7 Give one example of Intensity Density and Volume in sports.

Delhi public school Ruby Park

Class 11(PHYSICAL EDUCATION)

Assignments on changing trends and career in physical education

- Q 1 What is meant by physical education, its aims and objectives?
- Q 2 Development of physical education – post Independence.
- Q 3 Concept of integrated physical education.
- Q 4 Concept and principles of adaptive physical education.
- Q 5 Write a short note on Special Olympic Bharat.
- Q 6 What is the teaching Career options in physical education. Explain.
- Q 7 Give one example of Intensity Density and Volume in sports.